

# *Song Sets Us Free*



*15 Day Breakthrough Journal*  
*December 2023*

Day 1

# Song Sets Us Free



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to be the  
people we  
want to be

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Day 2

Hold on to Love



the greatest  
source of strength  
for our way.



Day 3

When we feel all hope is lost 



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song comes to  
guide us back  
home.

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Day 4

The song we sing heals





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more than our  
own heart  
wounds.

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Day 5

Our song is part of the one



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*Great Song  
which guides  
all worlds.*

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Life Needs Your Song

[illegible]

Day 6

# Song Sets Us Free



to be the  
people we  
want to be



Day 7

# Hold on to Love



the greatest source  
of peace for all life  
in every world.





Day 8 There is a song we can hear

Day 8 There is a song we can hear



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when we dare  
listen for it.

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Day 9

Hidden from those whose life



runs from the  
clear truth.



Day 10 Be one who dares to hear love

Day 10 Be one who dares to hear love



Handwriting practice lines (first set of seven lines).

asking to live  
your own  
heart's song.

Handwriting practice lines (second set of seven lines).



Handwriting practice lines (third set of seven lines).



Be Brave Now

[illegible]

Day 11

Listen for Love





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when any ill falls  
upon you.

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Day 12

Sing strong 

[illegible]

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with your truth  
for all.

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[illegible]

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when all is not as  
it appears to all  
but you.

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Day 14

# Song Sets Us Free



to be the  
people we  
want to be



Day 15

Hold on to Love





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the greatest source  
of peace for all  
times.

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